

# SUPPORT YOUR



# Drugs and Alcohol Support

**Ms F Kamei**

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## **You may be concerned about:**

- Money going missing
- Use of room air fresheners or excessive perfumes and cologne
- Excessive use of mints and gum
- Eye drops to reduce redness
- Missing medication
- Decline in academic performance
- Personality changes
- Withdrawal and decreased interaction with good friends
- New friends whom the young person is unwilling to introduce to you
- Excessive sleeping
- Weight loss or decline in eating
- Increased appetite
- Drug paraphernalia such as pipes, bags of seeds, rolling papers, empty bottles etc
- Your child's bedroom is strictly off limits

## **What We Do:**

### **Offer support to anyone aged 10-18 years old who...**

- Misusing or at risk of misusing drugs and/or alcohol
- Has misused substances in the past and wants support to avoid them using again
- Provide counselling, advice & information, action planning

## **What We Offer:**

- Group work focused on harm reduction
- 1:1 support to identify triggers to drug and/or alcohol use and how to manage this
- Onward support to other services (employment, training, etc.)
- Education & awareness about drugs/alcohol and its effects

Addaction sessions explore the effects of different drugs and what the risks might be if somebody takes them. We work with both groups and in 1-1 settings discussing the consequences that drugs and alcohol may have on a young person's life, both in and outside of school, trying to prevent them from making decisions that are potentially risky and harmful.

Specifically, we provide drug and alcohol education to young people in the hope that they will be able to make more informed choices in their lives.

**Addaction**  
**Royal Greenwich Young People's Service**

**The Point**  
**47 Woolwich New Road**  
**London**  
**SE18 6EW**  
**T. 020 8921 6907**

### **Where To Find Us:**

- Addaction is very flexible and happy to meet young people in any community provision in Greenwich convenient to them, or at our project base at The Point communication —talking and listening—with your teenager is the most important part of your relationship.

Addaction Young Persons' Service is a registered charity which works with young people to raise knowledge and awareness about drugs and alcohol. We aim to reduce harms and costs to communities and individuals through discussion-based activities, looking at the harmful effects that using drugs and alcohol may have.