

MENTAL
HEALTH

IS JUST AS IMPORTANT AS

PHYSICAL
HEALTH

PSHCE Bulletin

A Shared Moment - Tallis Together

Welcome to your PSHCE Bulletin, Monday 4th May, 2020.

Over the past month we have been thinking a lot about how to get through these unprecedented times and look after ourselves and those around us. I hope that this Bulletin has been able to help you in some way. This week however, in a reflection of how our Tallis Family works, we are going to think about something that is beyond the walls of our homes.

At Tallis we have a tradition of linking with events and issues that are taking place outside of our own immediate community and reflecting on how we fit into those events ourselves. We have thought about human rights and the Holocaust and end of World War I. Coming up on Friday 8th May, 2020 is the 75th anniversary of VE Day, which was when fighting stopped in Europe at the end of WWII. The theme of the event was to be 'A Shared Moment' and events were going to take place across the UK. Had we been in school we would have had our own remembrance and taken time to reflect and discuss together.

At Tallis, as always, we want to consider these kinds event in terms of what it means for us at this moment in time. Just as the end of the war marked a time of significant social change and community reconstruction, so now we can be thinking about the things that Tallis stands for and what we value. We are doing two things as a community to mark this time;

1. We would like everyone to take part in creating something that reflects the values of Tallis, our links with the wider community or the change you would like to see. You can write a poem, take a photo, design a poster, write a story, decorate some bunting or any other creative endeavour to contribute to our Tallis Together event. Type up or take a picture of your work and send it to your tutor or mspringer@thomastallis.org.uk.
2. You have also been sent the charter on diversity and rights at Tallis that tutor groups contributed to on the last Community Day - Tallis Accepts. Read through and see what you think. If you think that anything should be added or changed then email as above.

Whilst we remain apart at this time it is important to remember that we are still here for each other and can continue to do things together. And while we think of others this week, continue to take care of yourselves also.

Useful Links and Contacts

For more information about the 75th Anniversary of VE Day - <https://www.veday75.org/>
And explore the range of clips that have been sent along with this Bulletin

Childline - www.childline.org.uk Phone: 0800 1111

Young Minds - www.youngminds.org.uk

Kooth - free, safe and anonymous online support for young people <https://www.kooth.com/>

Well-being resources on the school website - <https://www.thomastallischool.com/schoolclosuresresources.html>

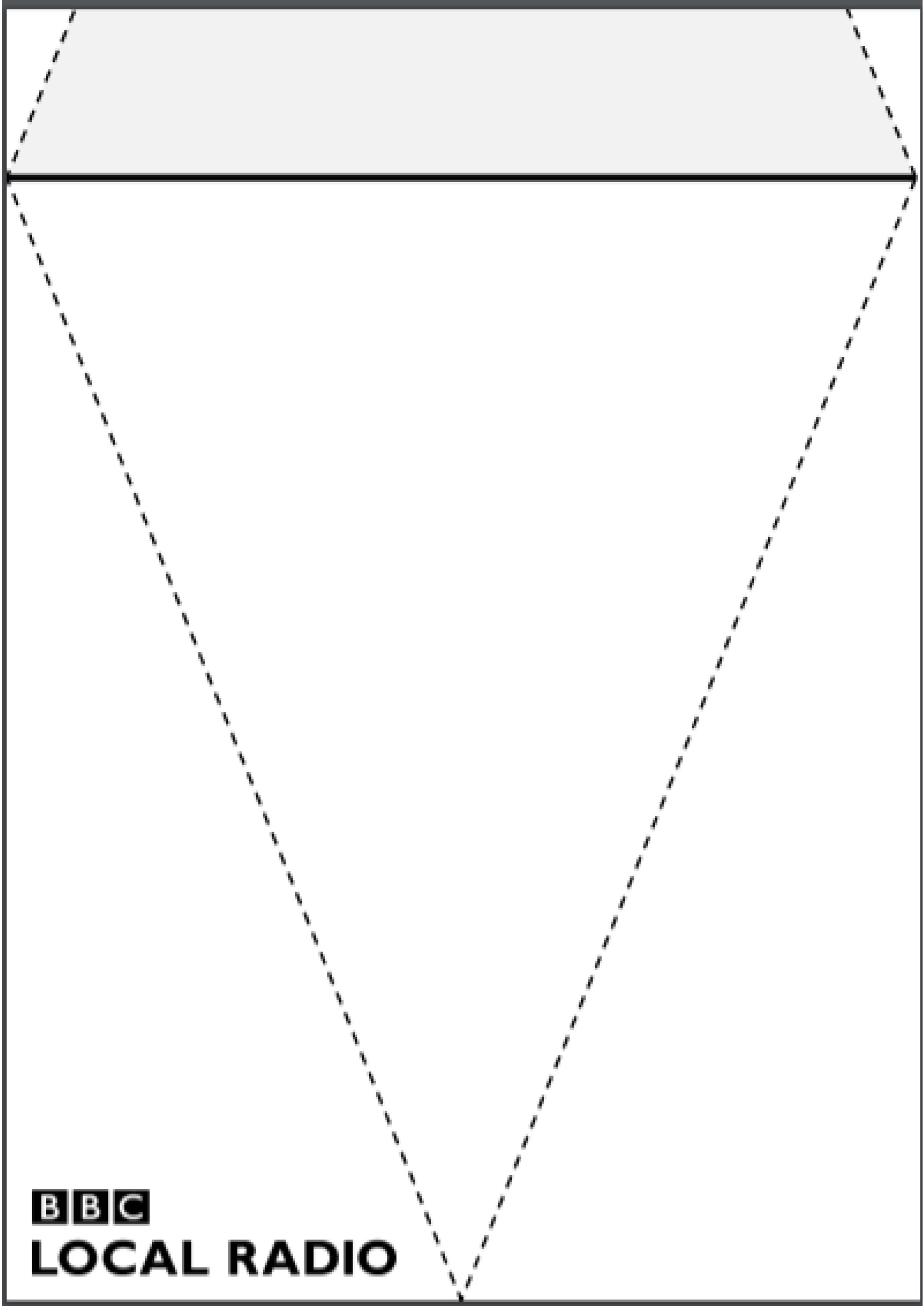
The NHS

One of the things that came at the end of WWII was something many historians call the 'post-war consensus'. This meant that political parties and the people supporting them agreed on some fundamental things. One of those things was the NHS.

The NHS was created out of the ideal that good healthcare should be available to all, regardless of wealth. It was launched in 1948 and is founded on a common set of principles and values that bind together the communities and people it serves – patients and public – and the staff who work for it. These principles centre around **respect**, **human rights** and 'a wider **social duty** to promote **equality** through the services it provides'.

We are thinking a lot of the NHS at this time. The information about the NHS and the poster below might give some inspiration for your own posters or pieces of writing - what kinds of things can we all agree on at Tallis? Not just for within our own walls but for our wider community as well?





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