

# SPACED PRACTICE

Revise, rest, repeat...space out your revision for better results.



Spaced practice is the theory that short, sharp bursts of learning are more effective than cramming just before the exam.



## HOW IT WORKS

Combine spaced revision with retrieval practice for best results. Self-test during a number of revision sessions until you can accurately recall the target information from memory.

### Mind Mapping - After class

Write down everything you know about a topic straight after class or after watching one of our Pods.

### Review your maps - A few hours later

Cover your mind map and see how much you can remember. Highlight any info you couldn't remember and revise that info again.

### Memory Cards - Next revision session

Create memory cards with answers on the back and test your knowledge. Repeat every few sessions.

## TIPS & ADVICE TO GET IT RIGHT

To determine where to focus your time, look at each element of the course and rank them according to your level of confidence:

- I need help with this (make an appointment to see your teacher)
- I need to learn this as I don't remember it at all.
- I remember doing this but I need to revise it.
- I know the content on this but I need to practice exam questions on this.
- I am exam ready.

Create a diary of when and where you are going to revise the topics you still need to learn.

Don't forget to leave breaks between reviewing (a day, a week, a month), so you build up the memory over a period of time.

## HOW USING GCSEPOD CAN HELP

Test your understanding by completing a GCSEPod assignment. Your answers will provide a boost playlist to satisfy any gaps in your knowledge. Watch the boost playlist, take the assignment again until you get it all right. Watching the same Pod again and again over a period of time, ensures what you have learned has stuck in your mind. For more information visit [www.gcsepod.com](http://www.gcsepod.com).

